

Music Therapy Academy

At Music School, Inc.

Syllabi for Group Classes



Get UP and Go! A movement to music class that focuses on increasing gross and fine motor movements, coordination, and participation. Activities will include movement and dance to music, movement songs, and rhythmic drumming and playing. To add a sense of familiarity and to build upon skills developed from one class to the next, several of the beginning activities will remain constant through the 10 weeks of class, with each week building upon the previous week. At the end of each session, there will be free time for movement, dancing and playing instruments.

Week 1:

Hello Song with movements

1. New Day
2. Tell Me Your Name
3. What are you wearing?
4. Magic Shoes
5. Guitar strumming
6. Drumming
 - a. Hand (s)
7. Streamers w/music
8. Little Shoemaker
9. Green Alligator
10. Head, Shoulders, Knees and Toes
11. Free Dance and playing
12. Goodbye

Week 2:

1. Hello Song with movements
2. New Day
3. Tell Me Your Name
4. What are you wearing?
5. Magic Shoes

6. Drumming
 - a. Hand (s)
 - b. With mallet
7. March of the Elephants
8. Falling Leaves activity
9. Squirming Worms
10. Guitar Strumming
11. Free Dancing and Playing
12. Goodbye

Week 3:

1. Hello Song with movements
2. New Day
3. Tell Me Your Name
4. Magic Shoes
5. Razzamatazzama
6. Drumming
 - a. Hand (s)
 - b. With mallet
 - c. Dynamics
7. Shakers w/music
8. Green Alligator
9. March of the Elephants
10. Head, Shoulders, Knees and Toes
11. Free Dancing and playing
12. Goodbye

Week 4:

1. Hello song with movements

2. New Day
3. Tell Me Your Name
4. What are you wearing?
5. Guitar strumming
6. Drumming
 - a. Hand (s)
 - b. With Mallet
 - c. Dynamics
 - d. Tempo
7. Shakers w/music
8. Squirming Worms
9. March of the Elephants
10. Rhythm Sticks
11. Dancing with music
12. Goodbye

Week 5:

1. Hello song with movements
2. New Day
3. Tell Me Your Name
4. Magic Shoes
5. Shakers w/music
6. Instrument playing
7. March of the Elephants
8. Hula Hoop activity
9. Falling Leaves
10. Little Shoemaker
11. Drumming

- a. Hand (s)
- b. With Mallet
- c. Dynamics
- d. Tempo

12. Razzamatazzama

13. Free Dance

14. Goodbye

Week 6:

- 1. Hello Song with movements
- 2. New Day
- 3. Tell Me Your Name
- 4. What are you wearing?
- 5. Instrument playing
- 6. March of the Elephants
- 7. March and play (Marching Band)
- 8. Hula Hoop activity
- 9. Drumming
 - a. Hand (s)
 - b. With mallet
 - c. Dynamics
 - d. Tempo
- 10. Shakers w/music
- 11. Tootitah
- 12. Dancing with music
- 13. Goodbye

Week 7:

Hello song with movements

1. New Day
2. Tell Me Your Name
3. Magic Shoes
4. Instrument playing
5. March of the Elephants
6. March and play (Marching Band)
7. Drumming
 - a. Hand (s)
 - b. With Mallet
 - c. Dynamics
 - d. Tempo
8. Razzamatazzama
9. Hula Hoop activity
10. Walking with rhythmic music
11. Halloween themed activity
12. Free Dance
13. Goodbye

Week 8:

1. Hello song with movement
2. New Day
3. Tell Me Your Name
4. What are you wearing?
5. Drumming
 - a. Hand (s)
 - b. With Mallet
 - c. Dynamics

d. Tempo

6. Razzamatazzama
7. Walking with the Drum
8. Rhythm Sticks
9. Squirming Worms
10. March and Play
11. Dance with music
12. Goodbye

Week 9:

1. Hello song with movement
2. New Day
3. Tell Me Your Name
4. Magic Shoes
5. Walking with the Drum
6. Tootitah
7. Boom, Boom Ain't It Great to Be Crazy!
8. Rhythm Sticks
9. Drum Circle
10. Goodbye

Week 10:

1. Hello song with movement
2. New Day
3. Tell Me Your Name
4. What are you wearing?
5. Magic Shoes
6. Walking with the Drum
7. Thanksgiving activity

8. March of the Elephants

9. Boom, Boom Ain't It Great to Be Crazy!

10. Drum Circle

11. Goodbye

SpEAK and SiNG: A weekly class designed to work on improving speech.

Students will use a mirror for some activities to facilitate freedom of expression and trying of oral motor mouth movements. To encourage familiarity and for the students to learn words, phrases, or sounds for each song or activity, many songs and activities will be used every session- this will encourage participation and trying of new sounds, words and phrases.

Possible Activities:

- Frog Song
- Bubble Song w/bubbles
- Songs to be written—work on consonants, vowels, etc.- FOR USE WITH MIRROR
- Lollipop Tree
- Lollipop, Lollipop
- Boom, Boom Ain't It Great to Be Crazy w/drums
- Songs to sing along with
 - o Compile a list (will depend on age group)
- Jammin' Jungle
- The Clock Shop
- Little Shoemaker
- Do Your Ears Hang Low
- Chicken
- Everybody Knows I Love My Toes
- I Wanna Be a Dog (+ other animals)
- Rock Around the Clock

- Color Song (w/scarves)
- One Fish, Two Fish (need Dr. Seuss book)
- Going to the Zoo
- Instrument Playing and names
- Improvisatory singing
- Halloween Activity
- Leaves Falling
- Thanksgiving activity
- If classes get toward holiday season- Christmas activity

sibling Music Therapy



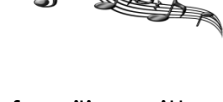
This is a weekly class for children with disabilities and their siblings to promote relationship skill building and enjoyment in music making, as well as learning functional social skills. Activities will include movement to music, instrument playing, drum circles, song writing, and improvisation. The last 5 minutes will be a free dance/play time for the students to explore movements and instruments they would like to play. Class will be limited to a maximum of 12.

Possible Activities:

- Drum sharing
- Drumming in pairs with sharing drum
- Shake Hands with a friend
- Halloween Activity
- Fall activity
- Tone Bars (or Boomwhackers)
 - o Play previously written/composed songs
 - o Develop their own
- Categories
- Hoop activity

- Limbo w/siblings
- Hand bells
- Song writing as a group
- Song writing in sibling groups
- Listen and draw (listen to the music, draw what you see/feel)
- Drum Circle
- Movement to music activities and dancing
- Improvisation activities
- Instrument playing and marching

Family Music Therapy



A class designed to bring together families with children with disabilities in the making of music. Activities will include instrument playing, improvisation, and song writing, with each week focusing on a different aspect of music making and musical enjoyment.

Possible Activities:

- Instrument Playing activities
- Musical Games
- Dancing/Movement to Music activities
- Listen and Draw
- Instrument Stations
- Hand Bells
- Drum Circle
- Improvisation
- Song Writing